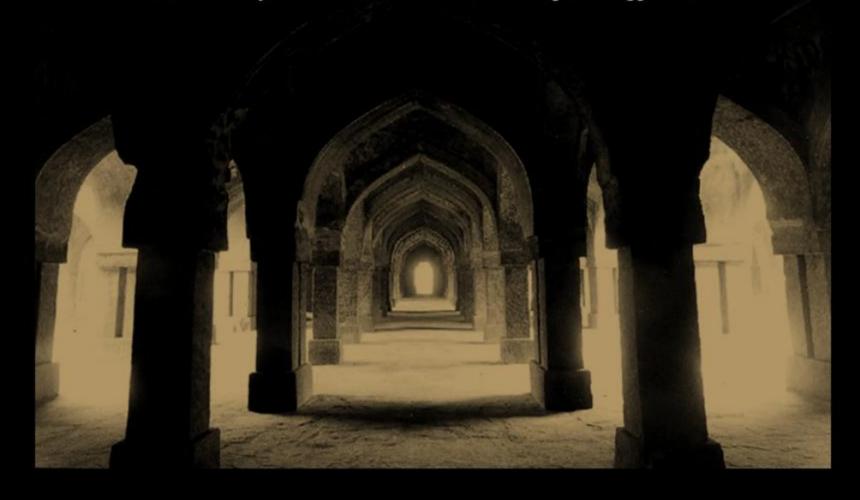
# Mehraab

meh-raab / adj. 1. Arch 2. Where one stands seeing the struggle within









For Heaven was filled with gladness for Earth's sake, Knowing Lord Buddha thus was come again.

The Light of Asia , Sir Edwin Amold. 1908.





# Confluence of Indus & Zanskar rivers, Ladakh.

Our life is shaped by our mind, we become what we think.

Suffering follows an evil thought as the wheels of a cart follow the oxen that draw it.

Our life is shaped by our mind, we become what we think. Joy follows a pure thought like a shadow that never leaves..





The Noble Eightfold Path; it goes straight To peace and refuge. Hear!

Manifold tracks lead to yon sister-peaks
Around whose snows the gilded clouds are curled;
By steep or gentle slopes the climber comes
Where breaks that other world.



### Sunrise at Sanur, Bali. Indonesia.

Lo! The Dawn
Sprang with Buddh's victory! lo! In the East
Flamed the first fires of beauteous day, poured forth
Through fleeting folds of Night's black drapery.
Of that high Dawn which came with victory
That, far and near, in homes of men there spread
An unknown peace.





#### Mo ko kahan dhunro bande

O Servant, where dost thou seek me?

Lo! I am beside thee.

I am neither in temple nor in mosque:
I am neither in Kaaba nor in Kailash:
Neither am I in rites and ceremonies, nor in yoga and renunciation.

If thou art a true seeker, thou shalt meet Me in a moment of time.
Kabir says,"O Sadhu! God is the breath of all breath"

"The Songs of Kabir", Translated by Rabindranath Tagore. 1915



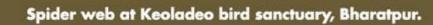


# Sunset at Keoladeo bird sanctuary, Bharatpur.

Hard it is to train the mind, which goes where it likes and does what it wants. But a trained mind brings health and happiness. The wise can direct their thoughts, subtle and elusive, wherever they choose: a trained mind brings health and happiness.







For now I know, by what within me stirs, That I shall teach compassion unto men And be a speechless world's interpreter.

"The Light of Asia", Sir Edwin Arnold. 1908.





# Spider web (2) at Keoladeo bird sanctuary, Bharatpur.

In this dark world, few can see. Like birds that free themselves from the net, only a few find their way to heaven. Swans fly on the path of the sun by their wonderful power; the wise rise above the world, after conquering Mara and his train.





There is no fire like lust, no sickness like hatred, no sorrow like separateness, no joy like peace. No disease is worse than greed, no suffering worse than selfish passion. Know this, and seek nirvana as the highest joy.







Learn what is right; then teach others, as the wise do. Before trying to guide others, be your own guide first. It is hard to learn to guide yourself. Your own self is your master; who else could be? With yourself well controlled, you gain a master very hard to find.

"The Dhammapada", Translated by Eknath Easwaran. 1986.







### Tirath Mein to Sab Pani Hai

There is nothing but water at the holy bathing places; and I know that they are useless, for I have bathed in them. The images are lifeless, they cannot speak; I know, for I have cried aloud to them.
The Purana and the Koran are mere words; lifting up the curtain, I have seen.
Kabir gives utterance to the words of experience; and he knows very well that all other things are untrue.





### Madhi Masjid front at sunset. Delhi

### S'unta Nahin Dhun Ki Khabar

The Kazi is searching the words of the Koran, and instructing
Others: but if his heart be not steeped in that love, what does it avail, though he be a
teacher of men?

The Yogi dyes his garments with red: but if he knows naught of that color or love, what does it avail though his garments be tinted?

it avail though his garments be tinted?

Kabir says: "Whether I be in the temple or the balcony, in the camp or in the flower garden,

I tell you truly that every moment my Lord is taking His delight in me."

### Madhi Masjid front (2) at sunset, Delhi.

#### Na Jane Sahab Kaisa Hai

I do not know what manner of God is mine.

The Mullah cries out aloud to Him: and why? Is your Lord deaf? The subtle anklets that ring on the feet of an insect when it moves are heard of Him.

Tell your beads, paint your forehead with the mark of your God, and wear mated locks long and showy: but a deadly weapon is in your heart, and how shall you have God?





### Dargah of Nizamauddin Aulia at sunset, Delhi.

# Jo Khuda Masjid Vasat Hai

If God be within the mosque, then to whom does this world belong?
If Ram be within the image which you find upon your pilgrimage, then who is there to know what happens without?
Hari is in the East: Allah is in the West. Look within your Heart, for there you will find both Karim and Ram;
All the men and women of the world are His living forms.
Kabir is the child of Allah and of Ram: He is my Guru, He is my Pir.

"The Songs of Kabir", Translated by Rabindranath Tagore. 1915.



# Sultan Garhi masjid, Delhi.

Pray not! The darkness will not brighten! Ask
Nought from the Silence, for it cannot speak!
Vex not your mournful minds with pious pains!
Ah! Brothers, Sisters! Seek
Nought from the helpless gods by gifts and hymn,
Nor bribe with blood, nor feed with fruits and Cakes;
Within yourself deliverance must be sought;
Each man his own prison makes.





# Sultan Garhi masjid (2), Delhi.

"The traditions examined in this volume reflect a remarkable double-movement. On the one hand, one clearly sees their interaction with, and embeddedness with in, particular subcultures of South Asia, such that by the end of our period {1750 AD} Islam had become as Indian as any other religious tradition of the subcontinent. Yet, at the same time, one sees their connectedness with a world wide religious community..."

"India's Islamic Traditions, 711-1750", Richard M Eaton. 2003.





Learn what is right; then teach others, as the wise do. Before trying to guide others, be your own guide first. It is hard to learn to guide yourself. Your own self is your master; who else could be? With yourself well controlled, you gain a master very hard to find.

"The Dhammapada", Translated by Eknath Easwaran. 1986.





#### Begumpuri Masjid, Delhi.

I'll tell you the truth, O brahmin, if I make so bold.

These idols in your temple - these idols have grown old.

From them you have learned hatred of those who share your life, And Allah to His preachers has taught mistrust and strife;

Disgusted from your temple and our shrine I have run,

Now both our preachers' sermons and your old myths I shun.

In shapes of stone you fancied God's dwelling-place: I see In each speck of my country's poor dust, a deity.

Come, let us lift this curtain of alien thoughts again,

And reunite the severed, and wipe division's stain:

Too long has lain deserted the hearts' arm habitation:

Let us build in this homeland a new temple's foundation!

And let our shrine be taller than all shrines of this globe,

With lofty pinnacles touching the skirts of heaven's robe:

And there at every sunrise let our sweet chanting move

The hearts of all who worship, and pour the wine of love:

Strength and peace too shall blend in the hymns the votary sings,

For in love lies salvation to all earth's living things.



### Khirki masjid (2), Delhi.

I looked upon every Cross, in every Church
yet He was not there.
I went to the temples of India
and the shrines of China
yet He was not there.
I searched the mountains of Herat and Candahar
yet He was not there.
I scaled the distant peak of Mount Qaf
only to find
the empty nest of Phoenix.
I visited the Ka'be
but He was not in the sacred site
amidst pilgrims young and old.
I read the books of Avicenna
but His wisdom went beyond all the words.
I went to the highest court,
within the distance of "two bow-lengths,"
But He was not there.

Then I looked within my own heart and there I found Him -He was nowhere else.



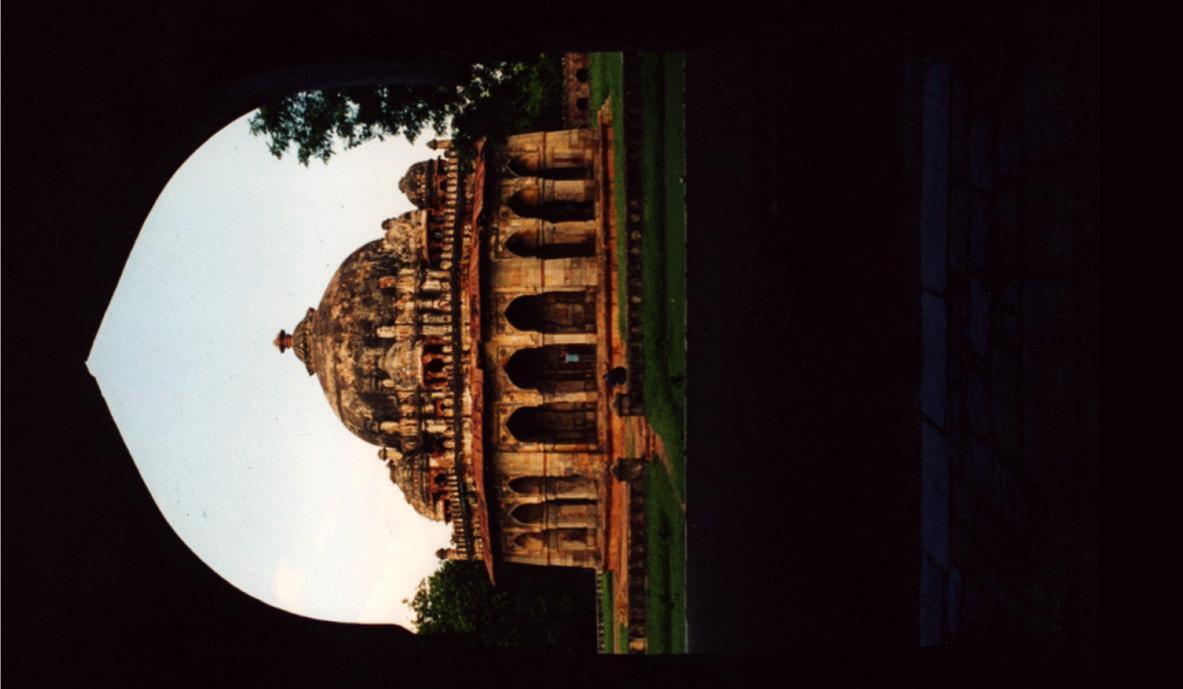
# Tomb of Ghiyasuddin Tughlaq, Delhi.

It is easy to see the faults of others, we winnow them like chaff. It is hard to see our own: we hide them as a gambler hides a losing draw. But when one keeps dwelling on the faults of others, his own compulsions grow worse, making it harder to overcome them.



### Offerings at Gunung Kawi, Bali. Indonesia.

Then the World-honoured spake: 'Pity and need Make all flesh kin. There is no caste in blood, Which runneth of one hue, nor caste in tears, Which trickle salt with all; neither comes man To birth with tilaka-mark stamped on the brow, No sacred thread on neck. Who doth right deed Is twice-born, and who doeth ill deeds vile'.



Tomb of Isa Khan, Humayun's tomb complex, Delhi.

My world! Oh, world! I hear! I know! I come!



# Ruins of monastery, Sarnath.

Then Sorrow ends, for Life and Death have ceased; How should lamps flicker when their oil is spent? The old sad count is clear, the new is clean; This hath a man content.





# Candles at Dharmarajika stupa, Sarnath.

Then Sorrow ends, for Life and Death have ceased; How should lamps flicker when their oil is spent? The old sad count is clear, the new is clean; This hath a man content.



Thus the Buddh spoke to his father Shuddhodhana. "Father, which is the greater ruler: he who rules a kingdom through power, or he who rules the whole world through love? Your son, who renounced a crown, has conquered all, for he has conquered an enemy before whom all bow. I have brought you





# Offerings at Dharmek Stupa, Sarnath.

Going about with matted hair, without food or bath, sleeping on the ground smeared with dust, or sitting motionless – no amount of penance can help a person whose mind is not purified. But one whose mind is serene and chaste, whose senses are controlled and whose life is nonviolent – such a one is a true Brahmin, a true monk, even if he wears fine clothes.



### Offerings at Gunung Kawi, Bali. Indonesia.

Then the World-honoured spake: 'Pity and need Make all flesh kin. There is no caste in blood, Which runneth of one hue, nor caste in tears, Which trickle salt with all; neither comes man To birth with tilaka-mark stamped on the brow, No sacred thread on neck. Who doth right deed Is twice-born, and who doeth ill deeds vile'.



Buddhist monastery and village, Ladakh.

'My world! Oh, world! I hear! I know! I come!'.

"The Light of Asia", Sir Edwin Arnold. 1908.



### Khirki masjid (2), Delhi.

I looked upon every Cross, in every Church
yet He was not there.
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within the distance of "two bow-lengths,"
But He was not there.

Then I looked within my own heart and there I found Him -He was nowhere else.



# Rooftop of Hemis monastery, Ladakh.

The Prince Siddartha sighed. 'Is this,' he said,
'That happy earth they brought me forth to see?'

"The Light of Asia", Sir Edwin Arnold. 1908.





All the effort must be made by you: Buddhas only show the way.

"The Dhammapada", Translated by Eknath Easwaran. 1986.







For now I know, by what within me stirs, That I shall teach compassion unto men And be a speechless world's interpreter.

"The Light of Asia", Sir Edwin Arnold. 1908.



# Ancient sculpture, Sarnath.

Those who recite many scriptures but fail to practice their teachings are like cowherds counting another's cows. They do not share in the joys of spiritual life. But those who know few scriptures yet practice their teachings, overcoming all lust, hatred, and delusion, live with a pure mind in the highest wisdom. They stand without external supports and share in the joys of the spiritual life.

"The Dhammapada", Translated by Eknath Easwaran. 1986.





# Bodhi Tree, Sarnath.

The Bodhi-tree (thenceforward in all years
Never to fade, and ever to be kept
In homage of the world), beneath whose leaves
It was ordained the Truth should come to Buddh:
Which now the master knew; wherefore he went
With measured pace, steadfast, majestical,
Unto the Tree of Wisdom. Oh, ye worlds!
Rejoice! Our Lord wended unto the Tree!





For now I know, by what within me stirs, That I shall teach compassion unto men And be a speechless world's interpreter.

"The Light of Asia", Sir Edwin Arnold. 1908.





# Sculpture, Sarnath.

Sabba papassa akaranan; Kusalassa upasampada: Sa chitta pariyodapanan; Etan Budhanusasanan.

Evil swells the debt to pay, Good delivers and acquits; Shun evil, follow good; hold sway Over thyself. This is the Way.



These photographs were part of the solo Mehraab exhibition, at Gallerie Alternatives in Gurgaon, Haryana. April 2005.

All photographs on ILFORD black and white and Kodak color print film.35 mm SLR Olympus OM 4 & OM 4Ti.



Harsh Singh Lohit. Indian. Agnostic. Passionate photographer. Always searching.

harshlohit@gmail.com +91.9810032223 "My heart was sick: I turned away both from the temple and the Kaaba, From the sermons of the preacher and from thy fairy tales, O Brahman. To thee images of stone embody the divine For me, every particle of my country's dust is a deity.

Come, let us remove all that causes estrangement, Let us reconcile those that have turned away from each other, remove all signs of division."

"Naya Shivala", Mohammad Iqbal (1873-1938)